

**FIRST INDIVIDUAL SESSION**  
(between modules six and seven)

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Instructor: \_\_\_\_\_ Class: \_\_\_\_\_

Probation Officer: \_\_\_\_\_

1. How do you feel about being in this course?

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2. Are you still drinking or doing drugs? If yes, how much and how often?

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3. Do you have a support system at home? Are they coming to family week? (Remind participant of family week dates).

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4. Presently, what is the most stressful problem in your life? Is drinking or doing drugs contributing to this?

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5. Are your workbook assignments up to date? Yes \_\_\_\_\_ No \_\_\_\_\_

6. What self-improvement techniques have you used since beginning this program?

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Remind client to attend two AA meetings prior to modules 11 and 12.